The Healthy Aging for Women Collaborative

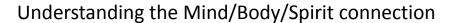
Mind Body Spirit

Enhancing Women's Resilience to Stress and Depression as they Age









- Exploring key social factors to optimize mental health and wellbeing among women as they age in Los Angeles County.
- Discussing the effects of depression on chronic disease and aging among women in Los Angeles County.
- Overcoming barriers to prevention and early intervention of depression among women in Los Angeles County.





For Los Angeles Community Leaders and Providers

November 16, 2011

8:15 am—12:00 pm

Breakfast and networking from 7:30—8:15

The California Endowment 1000 Alameda Street, Los Angeles, CA 90012

Registration information to follow

Los Angeles County Department of Public Health, Office of Women's Health 626-569-3818